

FOOD AND NUTRITION 2021-2022

	Name:	
	ID:	
	Date:	
	Counselor Contact:	
laior Requirements: 37-40 units		

Major Requirements: 37-40 units

A grade of "C" or better is required in the following courses

CERTIFICATE OF ACHIEVEMENT (F.5682.CA)	C-ID	Units	Completed	In Progress	Planned
CIT 15, Computer Concepts		3			
FN 1, Principles of Food Preparation		3			
FN 40, Nutrition		3			
FN 45, Therapeutic Diets		3			
FSM 11, Food Service Supervision		2			
FSM 15, Food Production Management		2			
FSM 19, Work Experience (Cooperative), Occupational		1-4			
FSM 35, Food Services, Sanitation, Safety & Equipment		2			
Electives; Select eighteen (18) units:					
BIOL 11A, Biology for Science Majors I		5			
BIOL 22, Human Physiology		5			
BIOL 31, Microbiology		5			
CHEM 3A, Introductory General Chemistry		4			
FN 41, Sports Nutrition		2			
FN/CHDEV 42, Child Nutrition		3			
FN/WSTS 43, Women's Nutrition		2			
FSM 25, Food and Beverage Purchase and Control		2			
FSM 38, Quantity Food Preparation		3			

Notes:

- 1. Some of the above courses may have prerequisites. See the catalog or schedule of classes.
- 2. BIOL 22 has a prerequisite of BIOL 20.
- 3. The Certificate of Achievement requires completion of the major (37-40 units) with a "C" or better grade in each course.