

Name: _____

ID: _____

Date: _____

Advisor Contact: _____

Major Requirements: 22-23 units

A grade of "C" or better is required in the following courses

ASSOCIATE IN ARTS FOR TRANSFER (F.4555.AA-T)	C-ID	Units	Completed	In Progress	Planned
Required Core Courses: 15 units					
HLTH 2, First Aid and Safety	KIN 101	3			
PE 62, Introduction to Kinesiology	KIN 100	3			
Select a Biology Sequence:					
BIOL 20, Human Anatomy AND BIOL 22, Human Physiology	BIOL 110B BIOL 120B	4 5			
OR BIOL 21A, Human Anatomy & Physiology I AND BIOL 21B, Human Anatomy & Physiology II	BIOL 115S	4 5			
Required Core Courses: 3 units Select a minimum of 3 different courses from the following for a total of 3 or more units					
PE 3, Archery		1			
PE 4, Badminton		1			
PE 5, Basketball		1			
PE 7, Golf		1			
PE 12, Swimming		1			
PE 13, Tennis		1			
PE 14, Volleyball		1			
PE 15A, Weight Training (Women)		1			
PE 15B, Weight Training (Men)		1			
PE 15C, Weight Training (Coed)		1			
PE 17, Hatha Yoga		1			
Electives: 4 units Select a minimum of 1 course from the following for a total of 4 or more units					
MATH 11/11H, Elementary Statistics	MATH 110	4			
DS 23, Business Statistics	MATH 110	3			
CHEM 1A, General Chemistry	CHEM 110	5			
PHYS 2A, General Physics 1	PHYS 105	4			

Notes:

- Some of the above courses may have prerequisites. See the catalog or schedule of classes.
- The *Associate Degree* requires completion of the major (22-23 units) with a "C" or better grade in each course plus the completion of the General Education requirements (either CSU GE breadth or IGETC) for a total of **60 semester units** with a 2.0 or better GPA.
- Some courses may not have an associated C-ID, please see catalog or counselor for more information.